

“Lord, Teach Us To Praise”

Lesson Text: **Psalm 148:1-14.**

1. Praise defined: *“The undistracted, uninterrupted emptying of our breath and All our being in Adoring God.”*
2. Collective Worship To Praise God:
 - Everything Is To Be Tuned In To God.
 - All The Assembly Is Fully Focused On God- **Psalm 89:7.**
3. Praise Involves The Whole Person:
 - Our Voice, Eyes, Hands, Ears, Countenance, breath (the physical side)
 - Heart, Mind, Emotions, Will, & Intellect (the spiritual side)
4. Man Has A Dual Nature- Body and Spirit- **Gen. 2:7; John 4:23-24; 1 Cor. 14:15.**
5. Giving Praise To God Is A Sacrifice- **Hebrews 13:15.**
6. It Is Also What Flows From Our Gratitude- **Psalm 100:4-5.**
7. The Paradox: We Come To Empty Ourselves To Be Filled!
8. New Testament Praise- **Ephesians 5:18-19.**

What We Learn From Jesus About Praise.

1. We Need To Assemble Regularly To Praise God- **Hebrews 2:10-12.**
 - When We Miss Services, Do We Ever Consider The Lack of Praise?
 - Jesus Risked His Life To Go The Temple- **John 11:56.**
 - Have We To Fear Danger To Come Praise God?
 - How Is Our Praise Life? (Prayer Life)
2. Be Sincere And Genuine In Praise To God- **Matthew 21:14-16.**
 - These “babes” Were More Sincere Than These Jews.
 - Do We Want Sincere Praise or Compliments from Others? Or Insincere?
 - We Must Avoid Lip-Service In Praise To God- **Matthew 15:8.**
 - For Praise To Be Sincere, It Needs To Heart Felt.
3. Empty Our Mind Of Distractions- **Matthew 14:23.**
 - We Must Make A Deliberate, Intentional Choice Be Free From Distractions.
 - A Great Challenge For New Parents, Teenagers, And Older Alike!
 - How Can Self Get In The Way? **Matthew 6:5; 1 Corinthians 11:20-22.**
4. Prepare Our Heart And Body To Praise God— **Luke 6:45.**
 - **James 3:9-10.** We Cannot Swear Like A Sailor All Week & Then Praise God On Sunday!
 - **1 John 2:15-** Also, We Cannot Love the World And Truly Praise God.
 - And Do Not Stay Up All Night Saturday And Expect To Truly Praise God.
 - **Acts 2:46-47** — Think About What We Are Thankful For!