

“The Power Of Joy To Sustain Us”

Lesson Text: **Hebrews 12:1-3**. Joy Sustained Jesus Through The Cross.

I. Don't Underestimate The Power Of Joy.

- Joy is the sense or state of gladness or elation that people experience through their relationship with God and through good things in their lives. (Lexham Theological Wordbook).
- Joy Is A Big Part Of The Christian Life- **Galatians 5:22-23; Romans 14:17; Phil. 1:4.**
- Joy Is What Keeps Us Serving God- **Romans 12:11-12; Colossians 1:9-11.**
- Joy Makes Sacrifices Worthwhile- **Matthew 13:44; Hebrews 10:34.**
- Joy Makes Even Suffering Occasions To Rejoice- **Luke 6:22-23.**
 - **1 Thessalonians 1:6; Acts 5:41; James 1:2-4.**

II. Joy Comes From God's Blessings And Promises.

- **The Joy Of Knowing We Have The Forgiveness Of Sins.**
 - **Acts 8:35-39; Colossians 1:14.**
- **The Joy Of Knowing We Are Reconciled To God & Christ.**
 - **Romans 5:8-11.**
- **The Joy Of Having Fellowship With God.**
 - **1 John 1:1-4.**
- **The Joy Of Going To Heaven.**
 - **Luke 10:17-20; John 14:1-4.**

III. Don't Let Satan Steal Your Joy!

- Know That Satan Will Attack Your Joy- **Luke 8:13; Hebrews 3:12-15; 6:4-6.**
- Don't Let Worship Become A Weariness! **Malachi 1:10-14.**
- Keep The Joy Of Heaven In Our Hearts- **1 Peter 1:3-6. Romans 8:18.**

Conclusion: Romans 8:16-17.