

“How God Can Make You Happy”

Lesson Text: **Psalm 144:9-15.**

“A state of pleasure or joy experienced both by people and by God, but subject to change according to circumstances. True happiness derives from a secure and settled knowledge of God and a rejoicing in his works and covenant faithfulness. God rejoices over his faithful people.” Manser, M. H. (2009). **Dictionary of Bible Themes: The Accessible and Comprehensive Tool for Topical Studies.** London: Martin Manser.

I. By Giving Value & Purpose To Our Lives.

- **The world says:** “Only the beautiful people, the talented, the gifted, the successful are what we call winners and are to be praised and given value.”
- **But God says:** “All men have value!” **John 3:16; Romans 5:8; Luke 16:15**
 1. We Are Valuable Regardless of Our Lack Of Talent & Ability: **1 Cor. 1:26**
 2. We Are Valuable Despite Our Weaknesses Or Sins: **Hebrews 4:14-16.**
 3. We Are Valuable Because of Our Faith: **James 2:5.**
 4. We Are Valuable Because We Are His: **1 John 3:1.**
 5. And Because We Are His... We Have Real Purpose & Meaning: **Ephesians 2:10; Matthew 6:33; Ecclesiastes 12:13.**(Soul winning, people of prayer, worshipper of God, & citizen of the kingdom)

II. By Giving Us The Wisdom To Find Happiness.

- **Proverbs 3:13** Where? **Psalm 128:1; 119:104**
- Not in circumstances, riches, and temporary accolades
- We can find happiness, peace, & joy in every relationship by following God’s word:
 1. By following the “Golden Rule” **Matthew 7:12.**
 2. By following after the “fruits of the Spirit” **Galatians 5:22-23.**
 3. Following Jesus makes us content, at peace, joyful, and loving.

III. By Giving Us Freedom From Sin.

- Sin Makes us miserable:
Genesis 3:8-10 Brings guilt, shame, and unhappiness!
- All because Satan doesn’t want you to be happy!
John 8:32-36; Romans 6:7-11 (The gospel gives us freedom!)
- How does getting rid of the “old man” make us happy? (**Ephesians 4:17–5:2**).

IV. By Giving Us Hope For The Future.

- **Psalm 146:5.**
- Imagine our life with only this world.... with all of its problems, troubles, pain, and suffering— with no hope of it getting better! **1 Corinthians 15:19.**
- God gives us hope in an eternal life beyond this world of sorrows!
- **Colossians 1:3-6; Titus 3:7; 2 Corinthians 4:16–5:1.**